



May 2020

Dear Diane,

We hope you are safe and healthy.

Mother's Day is right around the corner on May 10. We all have wise women lighting our way, be they mothers, friends, sisters, or mentors. Mother's Day is the ideal opportunity to recognize these individuals. As you celebrate the fierce females in your life, consider donating to our organization that works on behalf of all women. Your donation allows us to grow our programs and help even more women via: By Your Side chemotherapy care kits; Here4You financial assistance program; peer support for newly diagnosed women; Survivors Teaching Students program; national conference event scholarships; and classes/events that connect us.

'We are Here for You' is not just a nice tagline, it's at the core of how we execute our mission. Donate [here](#).

Speaking about here for you, our virtual support group session facilitated by Susan Hedlund is May 1. Register [here](#).

Our next virtual happy hour is May 8. Register [here](#).

While we may be physically isolated, our community bonds remain strong.

Warmest regards,

Zoya Kumar

Executive Director

In Her Own Words:

Noel Rademacher

In 2012 my fairytale was...read more [here](#)



Quick Links

[Website](#)

[Donate](#)

[Subscribe](#)

[Survivor Stories](#)



Here4You Financial Assistance Program

OCAOSW's Here4You program provides financial assistance to women in need during treatment. We know the need is still there (and perhaps greater), and we are working to help as many women as possible.

Since Here4You's inception, OCAOSW has distributed more than \$55,000 to women facing acute financial challenges.

If you are in need, please reach out today. Contact Executive Director, Zoya Kumar, at zoyak@ovariancancerosw.org or 360-608-1687.

Annual Survivor/Volunteer Luncheon

Postponed

Our highest value is our community's health and safety. Therefore, we have decided to postpone our Annual Survivor/Volunteer Luncheon until later this year. Event registrants who paid will receive a refund shortly.

The luncheon celebrates the lives of ovarian cancer survivors and those who volunteer for our organization.

O'Vary Funny FUNdraiser

Featuring Comedian, Inspirational Speaker, and Ovarian Cancer Survivor [Karen Mills!](#)

Save the Date: October 9

6:30pm-10:00pm

DoubleTree Hotel by Hilton Portland

Registration will be live in June

OCRA Ovarian Cancer COVID-19 Concerns Survey

The purpose of this survey is to explore ovarian cancer survivors' experiences and levels of worry and distress during the current pandemic, and to bring this collective community perspective to medical professionals immediately.

These are extraordinary times and this is a very long survey! If you agree to participate, you will be asked to complete between 49-65 questions, depending on your answers. Most of the questions relate to stress and worry related to cancer and the impact of the COVID-19 situation. Information about your diagnosis and demographics will be collected.

It should take approximately 10-15 minutes to complete the survey--please complete in one sitting.

Link to survey [here](#)

OCAOSW Website Resource Pages

Financial Assistance Resources: [click here](#)

Caregivers Resources: [click here](#)

Story Time: Seeking IHOW Authors

In Her Own Words is one of the most read and appreciated articles in our newsletter and on our website. If you're interested in sharing your journey with our community, please contact [Diane O'Connor](#).

Camp Mak-a-Dream in Gold Creek, MT Retreats

Please visit this [page](#) for details on event and programming changes based on current recommendations and restrictions surrounding the COVID-19 (Novel Coronavirus) situation.

For more information: [click here](#).

Make a difference when you shop! Please consider linking your online Amazon shopping account to the Ovarian Cancer Alliance of Oregon and SW Washington. For every dollar spent, **OCAOSW** receives a [donation from AmazonSmile](#) and that is surely something to smile about!



You can help the Ovarian Cancer Alliance of Oregon and SW Washington earn donations just by shopping with your Fred Meyer rewards card! To learn more, login to your [Fred Meyer account](#).