



Ovarian Cancer Alliance of Oregon & Southwest Washington

• *We are here for you* •

September 2020

Ovarian Cancer Awareness Month

Dear Diane,

We hope you are safe and healthy.

Our upcoming O-Vary Funny VIRTUAL FUNdraiser is just around the corner on October 9. You can sign up, view silent auctions, bid, and make a donation **here**.

Our comedic headliner is the nationally-renowned comedienne and inspirational speaker (and ovarian cancer survivor), [Karen Mills!!!](#)

Speaking of virtual events, check out these two September events:

- September 22, OCAOSW support session moderated by Susan Hedlund. Register [here](#).
- September 29 - October 2, OCRA Virtual Ovarian Cancer National Conference. Register **here**.

While we may be physically isolated, our community bonds remain strong.

Warmest regards,

Zoya Kumar

Executive Director

In Her Own Words:

Amy Kay Lindh

At 48 years old I had my yearly...read more [here](#)



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September - Ovarian Cancer Awareness Month

September is officially "Ovarian Cancer Awareness Month," and we invite you to join us as we raise awareness about the symptoms of the disease.

How can you take part of Ovarian Cancer Awareness Month? Check out our [Facebook page](#) and consider sharing the symptoms with your friends, family, and colleagues. Information is power!! Drop us an [email](#) if you would like symptom cards and brochures to share with others.

Let's give a shout-out to our gynecologic oncologists, medical oncologists, and oncology nurses who continue to be our lifeline. We are grateful to all of you for your commitment to professional and compassionate care!

And finally, we are equally grateful for our wonderful OCAOSW volunteers, peer mentors, and STS speakers who help us advance our mission.

This newsletter suggests many ways to spread awareness, whether through a simple social media post, by attending a virtual event, talking to a family member or friend about the symptoms, co-sponsoring a bill, or by simply wearing teal on Wear Teal Day on September 9.

We are here for you.



Call to Action: urge your member of Congress to cosponsor H.R. 913 - the CLINICAL TREATMENT Act!

This legislation guarantees coverage of the routine care costs of clinical trial participation for Medicaid enrollees with ovarian cancer and other life-threatening conditions—regardless of their state of residence. Please lend your voice to this important issue and submit this form to ask your U.S. House Representative to become a co-sponsor of H.R. 913

For more information and to have your voice heard: click [here](#).



OCTOBER 9, 6:30PM

SIGN UP [HERE](#) TO VIEW SILENT AUCTION ITEMS, BID, AND DONATE
Thanks to Our 2020 O'Vary Funny Sponsors (to Date)!!!

Presenting: Compass Oncology

Gold: Tesaro, Walsh Trucking, Zidell Family Foundation

Silver: Myriad Genetics, GRAIL

Teal Ribbon: SHOC Foundation

For sponsorships and silent auction donations: contact [Zoya Kumar](#).
OCRA Virtual Ovarian Cancer National Conference

September 29 - October 2, 2020

This year's virtual conference is for everyone in the ovarian cancer community, including ovarian cancer survivors, patients and caregivers. The breakout sessions cover a number of relevant topics and are led by leaders in the medical and research fields.

Register [here](#).

OVCA scholarship form [here](#).

THE BIG "C" TEAM

Join a team of cancer survivors-thrivers and coaches who have seen and experienced great well-being in the midst of scary diagnoses, challenging treatment, and lots of uncertainty. Some are in complete remission while others are still in treatment.

In a series of six virtual conversations, the team will look for lightness and levity on the cancer journey. There will be at least an hour devoted to sharing on each call.

The kick off session is September 9, 2020, and concludes on October 14, 2020. (Please note the \$125 ticket price includes all 6 explorations.)

For more information, all session dates, and to register, click [here](#).

OCAOSW Website Resource Pages

Financial Assistance Resources: click [here](#)

Caregivers Resources: click [here](#)

Story Time: Seeking IHOW Authors

In Her Own Words is one of the most read and appreciated articles in our newsletter and on our website. If you're interested in sharing your journey with our community, please contact **Diane O'Connor**.

Camp Mak-a-Dream in Gold Creek, MT Retreats

Please visit this [page](#) for details on event and programming changes based on current recommendations and restrictions surrounding the COVID-19 (Novel Coronavirus) situation.

For more camp information: click [here](#).

Make a difference when you shop! Please consider linking your online Amazon shopping account to the Ovarian Cancer Alliance of Oregon and SW Washington. For every dollar spent, **OCAOSW** receives a [donation from AmazonSmile](#) and that is surely something to smile about!

You can help the Ovarian Cancer Alliance of Oregon and SW Washington earn donations just by shopping with your Fred Meyer rewards card! To learn more, login to your [Fred Meyer account](#).

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