



August 2021

Dear Diane,

In between enjoying the last glorious month of summer, we hope you will join us for one or all of the following virtual sessions:

- August 11, [Women's Sexual Health After Cancer](#)
- August 19, [OCAOSW Virtual Support Group](#)
- September 16, [OCAOSW Virtual Support Group](#)
- October 13, [Fear of Recurrence](#)

Speaking of events, save the date: September 24, for our [9th Annual O-Vary Funny FUNdraiser!](#) This year it will be a hybrid event which means it will be online and onsite! Regardless of how you watch the broadcast show, everyone must sign up to bid on silent auction items, make a donation, and participate in the virtual paddle raise. **Sign up [here](#).**

Join us at the onsite broadcast watch party at McMenamins Kennedy School. **Register [here](#).**

Warmest regards,

Zoya Kumar

Executive Director

In Her Own Words:

Lindsey Spencer

In May 2014, at the age of 28...read more [here](#)



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2021 O-Vary Funny - Online and Onsite!

Join us for our 9th Annual O-Vary fundraiser on Friday, September 24, 6:30PM. Our featured comedian is Dr. Scott Rushing who will prove laughter is the best medicine!!!

This year's event is a hybrid event which means you can watch the event online or join us onsite for a limited-group watch party at McMenamins Kennedy School. **Onsite event registration** [here](#).

In the meantime, [sign up here](#) to browse the silent auction catalog, bid on items, make a cash donation, and participate in the virtual paddle raise.

Event proceeds support our pillar programs including: the Here4You Financial Assistance Program for women in chemotherapy; Survivors Teaching Students Program to help medical, nursing, physician assistant, and pharmacy students understand the survivors' human and personal journeys and how the students can better assist in care as they move into their professions; By Your Side chemotherapy care kits; peer support for those newly diagnosed with cancer or facing a recurrence; and educational classes and fellowship events.

Stay tuned for additional information!

A big thanks to our 2021 O-Vary Funny sponsors to date:

Presenting: Compass Oncology

Gold: Providence Cancer Institute; Zidell Family Foundation; GRAIL; Walsh Trucking Co

Silver: Willamette Valley Cancer Institute and Research Center; Standard TV & Appliance; Clovis Oncology

Bronze: Oregon Health & Science University Knight Cancer Institute; Myriad Genetics

Teal: SHOC Foundation

For [sponsorship opportunities](#) or to [donate items](#), contact zoyak@ovariancancerosw.org.

2021 OCRA Virtual National Conference

September 28 – 30

Keeping up with the latest scientific discoveries can be overwhelming — but there is hope on the horizon, and all the latest will be shared with you at the virtual National Conference.

The program will feature everything you've come to expect from the annual gathering, with a virtual twist: just like last year, every seat is a front-row seat to expert presentations. In addition to full-group general sessions, you can also participate in engaging breakout discussions covering a wide range of topics.

Plus, you can join community-building activities, special sessions for friends and family, a chance to ask the experts your burning questions, and ways to get involved, stay connected, and find support.

Register [here](#).

Sherie Hildreth Ovarian Cancer Foundation

17th Annual SHOC Walk & Run for Ovarian Cancer – Virtual Edition

August 7, 8AM

The SHOC Walk & Run is an opportunity for families, survivors, supporters, and businesses from surrounding communities to come together for a common cause. Encourage your friends and family to join you from their own location. Let's celebrate the women who are fighting this disease. Let's remember those who fought fiercely. And let's stay healthy and safe while doing it.

For more information, click [here](#).

No Out of Pocket Genetic Re-Testing

Have you previously tested for BRCA1/BRCA2 full testing or for Lynch Syndrome prior to 2013? If so, you may qualify for update testing at no out of pocket expense. Check with your geneticist or provider for more information.

Story Time: Seeking IHOW Authors

In Her Own Words is one of the most read and appreciated articles in our newsletter and on our website. If you're interested in sharing your journey with our community, please contact [Diane O'Connor](#).

Camp Mak-a-Dream in Gold Creek, MT Retreats

Please visit this [page](#) for details on event and programming changes based on current recommendations and restrictions surrounding the COVID-19 (Novel Coronavirus) situation.

For more camp information: click [here](#).

Want an EASY way to make a big difference? Set up a Facebook Fundraiser to benefit the Ovarian Cancer Alliance of Oregon and Southwest Washington.

Follow these [easy instructions](#).

You'll make a big difference in the lives of survivors by helping fund our emotional and financial support programs.

Make a difference when you shop! Please consider linking your online Amazon shopping account to the Ovarian Cancer Alliance of Oregon and SW Washington. For every dollar spent, **OCAOSW** receives a [donation from AmazonSmile](#) and that is surely something to smile about!

You can help the Ovarian Cancer Alliance of Oregon and SW Washington earn donations just by shopping with your Fred Meyer rewards card! To learn more, login to your [Fred Meyer account](#).

Ovarian Cancer Alliance of Oregon & SW Washington
PMB 243 Suite 103 | 16420 SE McGillivray | Vancouver | WA | 98683