

March 2022

Dear Zoya,

Our redesigned, user friendly website is **LIVE!** We are excited for you to experience it - visit us **here**.

Thanks to our friends at <u>Dojo Agency</u> for their expertise in helping us execute our vision.

Make the most of all OCAOSW has to offer; join us for upcoming support and educational sessions:

- March 9, 5-6:15PM: Coping with Chemotherapy
- March 15, 4-5PM: OCAOSW Virtual Support
- March 16, 6-7:15PM: <u>Healthy Eating with</u>
 <u>Cancer-Fighting Foods (Co-Hosting with our friends at the Pink Lemonade Project)</u>
- April 15, OCAOSW Virtual Support Group
- May 18, OCAOSW Virtual Support Group

Please save the date for our in-person (fingers crossed!) 10th Annual O-Vary Funny FUNdraiser: October 1 at DoubleTree by Hilton Hotel Portland.

Warmest regards,

Zoya Kumar

Executive Director

Quick Links

<u>Website</u>

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Candid.

In Her Own Words:

Anita Krivitzky 2022 Update!

I have been very healthy...read more here





2022 Survivor/Volunteer Luncheon - Your Input Needed

Currently the Annual Survivor/Volunteer Luncheon is scheduled for April 24 at McMenamins Kennedy School. Oregon and Washington are expected to end their statewide mask mandates for schools and other indoor settings by March 12.

Will you feel comfortable attending the luncheon in person this year please take a quick poll here. Polling ends March 14.



Facebook Fundraisers

Easy Way to Raise Awareness, Funds, and Make a Big Difference

Now more than ever, it's easy to raise funds and raise mission awareness for OCAOSW. Inspire your friends and family with your passion for our mission by sharing your special day with us.

A Facebook fundraiser posted to your timeline tells your friends and family what matters to you on your special day. It doesn't have to be instead of cake and cards – you can have those things too!

Learn how to create a Facebook fundraiser here.

The PATHFINDER 2 Study Open for Enrollment

Too often, cancer goes undetected until it is at an advanced stage. Thinking about the possibility of having cancer can feel overwhelming, but taking steps to find cancer early can help you feel more in control of your health. The earlier that cancer is found, the higher the chance of survival.

The PATHFINDER 2 Study will evaluate the performance of a multi-cancer early detection test, called Galleri, that can detect many types of cancer through a simple blood draw. This test is being studied and is not approved or cleared by the Food and Drug Administration (FDA). It is not meant to replace the cancer screening tests your healthcare provider may recommend, such as colonoscopy or mammography.

The PATHFINDER 2 Study is currently open to men and women aged 50 years or older who meet eligibility criteria and receive care at participating health systems. Participants in previous or ongoing GRAIL sponsored studies are not eligible to participate in the PATHFINDER 2 Study.

To see if you are eligible to enroll, please contact the PATHFINDER 2 Study Team **here**.

Virtual Ovarian Cancer National Conference

Save the Dates: September 21-23, 2022

The Uniting for Hope Ovarian Cancer National Conference, presented by Ovarian Cancer Research Alliance, is the largest and longest-running ovarian cancer conference. It brings together patients, caregivers, survivors, advocates and friends to learn about the latest developments in diagnosis, treatment and quality of life for women with ovarian cancer. The conference offers opportunities to learn, connect and support, all from the comfort of your own home. Registration will open soon.

No Out of Pocket Genetic Re-Testing

Have you previously tested for BRCA1/BRCA2 full testing or for Lynch Syndrome prior to 2013? If so, you may qualify for update testing at no out of pocket expense. Check with your geneticist or provider for more information.

Story Time: Seeking IHOW Authors

In Her Own Words is one of the most read and appreciated articles in our newsletter and on our website. If you're interested in sharing your journey with our community, please contact <u>Diane O'Connor</u>.

Camp Mak-a-Dream in Gold Creek, MT Retreats

Please visit this <u>page</u> for details on event and programming changes based on current recommendations and restrictions surrounding the COVID-19 (Novel Coronavirus) situation.



For more camp information, click <u>here.</u>

Easy Ways to Make a Significant Difference



Set up a Facebook Fundraiser to benefit the Ovarian Cancer Alliance of Oregon and Southwest Washington.

Follow these **easy instructions**.

You'll make a big difference in the lives of survivors by helping fund our emotional and financial support programs.



Make a difference when you shop! Please consider linking your online Amazon shopping account to the Ovarian Cancer Alliance of Oregon and SW Washington. For every dollar spent, OCAOSW receives a donation from AmazonSmile and that is surely something to smile about!



You can help the Ovarian Cancer Alliance of Oregon and SW Washington earn donations just by shopping with your Fred Meyer rewards card! To learn more, login to your Fred Meyer account.