

# May 2022

Dear Zoya,

Mother's Day is right around the corner on May 8. We all have wise women lighting our way, be they mothers, grandmothers, sisters, friends, or mentors. Mother's Day is the ideal opportunity to recognize these individuals. As you celebrate the fierce females in your life, consider donating to our organization that works on behalf of all women.

Your donation allows us to grow our direct program services and help even more women via:

- Here4You Financial Assistance Program: helps low-income women in treatment pay for critical expenses such a rent, heat, and medicine
- OCAOSW Virtual Support Groups: from Longview to Medford, survivors are eager to connect virtually, guided by a professional cancer counselor
- Survivors Teaching Students Program: helps medical, nursing, and pharmacy students understand the survivors' human and personal journeys and how the students can better assist in care as they move into their professions

# **Quick Links**

<u>Website</u>

Subscribe

**Survivor Stories** 

# **Donate**

Platinum Transparency **2022** 

Candid.

- By Your Side Chemotherapy Care Kits: handpacked with high quality items and resources to provide comfort and support for women undergoing chemotherapy or facing a recurrence
- Peer Mentors: In the midst of a frightening diagnosis, OCAOSW links newly diagnosed women with trained peer mentors

You can donate <u>here</u> to support our work for ovarian cancer survivors.

Warmest regards,

### Zoya Kumar

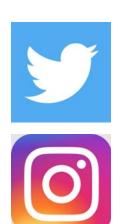
**Executive Director** 

#### In Her Own Words:

## Marnel Groebner 2022 Update!

In 2010, at the age of 50...read more here.







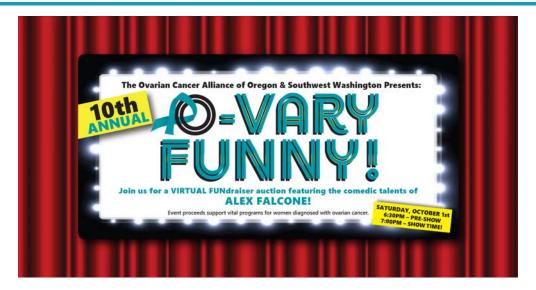


# **OCAOSW Upcoming Events**

Join us for the upcoming virtual events:

- May 18, OCAOSW Support Group moderated by Susan Hedlund
- June 16, OCAOSW Support Group moderated by Susan Hedlund

- June 29, 2022 Annual Medical Update presented by Dr. Christopher Darus
- July 13, OCAOSW Support Group moderated by Susan Hedlund
- August 18, OCAOSW Support Group moderated by Susan Hedlund



2022 O-Vary Funny - Celebrating a Decade!

Save the date: October 1, 2022, for our 10th Annual O-Vary Funny FUNdraiser! Our featured comedian is Alex Falcone. You can expect great silent auction items and special surprises as we honor survivors and raise funds for our mission.

To purchase event tickets, click <u>here</u>. If you are unable to attend, but would like to donate, click <u>here</u>.

To purchase raffle tickets for an Italian villa getaway for 10 people, click here.

To donate silent auction items, click here.

To sponsor this event to advance our mission, please click <u>here</u>.

Stay tuned for exciting event information as prepare to celebrate a decade!!!

A huge thanks to our sponsors - we can't do everything we do without you!!!

**Presenting: Compass Oncology** 

Gold: Grail, GSK

Silver: OHSU Knight Cancer Institute

Highlights: 2022 Society of Gynecologic Oncology (SGO)

**Annual Meeting on Women's Cancer** 



Submitted by ovarian cancer survivor Annie Ellis, OCRA Research Advocate and Scientific Advisory Committee member.

This year's SGO annual meeting was held in Phoenix, Arizona, from March 18-21. Approximately 2,100 medical professionals attended in person with several hundred more attending virtually to learn the latest on gynecologic cancers. By now, you may have seen professional coverage of and tweets about this meeting. Below are brief highlights from a research advocate's perspective.

Read more here.

#### **OCRA's Virtual Ovarian Cancer National Conference**

Save the Dates: September 21-23, 2022

The Uniting for Hope Ovarian Cancer National Conference, presented by Ovarian Cancer Research Alliance, is the largest and longest-running ovarian cancer conference. It brings together patients, caregivers, survivors, advocates and friends to learn about the latest developments in diagnosis, treatment and quality of life for women with ovarian cancer. The conference offers opportunities to learn, connect and support, all from the comfort of your own home. Sign up <a href="here">here</a> to receive registration information.



**Facebook Fundraisers** 

Easy Way to Raise Awareness, Funds, and Make a Big Difference

Now more than ever, it's easy to raise funds and raise mission awareness for OCAOSW. Inspire your friends and family with your passion for our mission by sharing your special day with us.

A Facebook fundraiser posted to your timeline tells your friends and family what matters to you on your special day. It doesn't have to be instead of cake and cards – you can have those things too!

Learn how to create a Facebook fundraiser here.

### The PATHFINDER 2 Study Open for Enrollment

Too often, cancer goes undetected until it is at an advanced stage. Thinking about the possibility of having cancer can feel overwhelming, but taking steps to find cancer early can help you feel more in control of your health. The earlier that cancer is found, the higher the chance of survival.

The PATHFINDER 2 Study will evaluate the performance of a multi-cancer early detection test, called Galleri, that can detect many types of cancer through a simple blood draw. This test is being studied and is not approved or cleared by the Food and Drug Administration (FDA). It is not meant to replace the cancer screening tests your healthcare provider may recommend, such as colonoscopy or mammography.

The PATHFINDER 2 Study is currently open to men and women aged 50 years or older who meet eligibility criteria and receive care at participating health systems. Participants in previous or ongoing GRAIL sponsored studies are not eligible to participate in the PATHFINDER 2 Study.

To see if you are eligible to enroll, please contact the PATHFINDER 2 Study Team <a href="here">here</a>.

#### No Out of Pocket Genetic Re-Testing

Have you previously tested for BRCA1/BRCA2 full testing or for Lynch Syndrome prior to 2013? If so, you may qualify for update testing at no out of pocket expense. Check with your geneticist or provider for more information.

#### Story Time: Seeking IHOW Authors

In Her Own Words is one of the most read and appreciated articles in our newsletter and on our website. If you're interested in sharing your journey with our community, please contact <a href="Diane O'Connor.">Diane O'Connor.</a>

#### Camp Mak-a-Dream in Gold Creek, MT Retreats

Please visit this <u>page</u> for details on event and programming changes based on current recommendations and restrictions surrounding the COVID-19 (Novel Coronavirus) situation.



For more camp information, click <a href="here.">here.</a>

### **Easy Ways to Make a Significant Difference**



Set up a Facebook Fundraiser to benefit the Ovarian Cancer Alliance of Oregon and Southwest Washington.

Follow these <u>easy instructions</u>.

You'll make a big difference in the lives of survivors by helping fund our emotional and financial support programs.



Make a difference when you shop! Please consider linking your online Amazon shopping account to the Ovarian Cancer Alliance of Oregon and SW Washington. For every dollar spent, OCAOSW receives a donation from AmazonSmile and that is surely something to smile about!



You can help the Ovarian Cancer Alliance of Oregon and SW Washington earn donations just by shopping with your Fred Meyer rewards card! To learn more, login to your Fred Meyer account.

Ovarian Cancer Alliance of Oregon & SW Washington PMB 243 Suite 103 | 16420 SE McGillivray | Vancouver | WA | 98683

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